

RELEASE AND HOLD HARMLESS AGREEMENT

I, the undersigned, hereby certify that my participation in the _____
to _____ from _____ is entirely
voluntary. This Activity is not within the course and scope of my studies at Princeton
University and is for my personal enrichment and recreational benefit.

I understand and recognize that I am responsible for my own well-being during my
participation in the Activity.

I fully understand and appreciate the risks in participating in this Activity, which
could include loss of life, serious loss of limb or loss of property.

To the best of my knowledge, I am not aware of any physical disability or health-
related reasons which would preclude or restrict my participation in the Activity. I further
understand that any University personnel or agent(s) participating in the Activity are not
necessarily medically trained to care for any physical or medical problems that may occur
during this Activity.

NOW, THEREFORE, in consideration of being allowed to participate in the Activity,
I agree to hold Princeton University and its Trustees, employees, agents and/or
representatives harmless from any and all direct, indirect, special or consequential damages,
costs, legal or otherwise, which I may incur as a result of my participation in this Activity,
excepting only such damages and costs resulting from the gross negligence of Princeton
University, its Trustees, employees, agents and/or representative. This Release/Agreement
shall be binding upon my heirs, administrators, executors, and assigns.

In signing this release, I acknowledge and represent that I have read the foregoing
Release/Agreement, understand it and sign it voluntarily; no oral representations, statements
or inducements, apart from the foregoing written agreement, have been made; I am fully
competent and I execute the Release/Agreement for full, adequate and complete
consideration fully intending to be bound by the same.

Name

Date

Signed Parent/Guardian Permission if participant is under 18 years of age

Parent Name

Date

Telephone Contact

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