



KEEP HEALTHY AND CARRY ON

Prevent the Spread of Bacterial Meningitis

Meningococcus type B is not in the vaccine.

It is spread through direct exchange of respiratory and throat secretions by close personal contact.

It is NOT spread by:

- Shaking hands
- Breathing the air where a person with meningitis has been
- Touching doorknobs, clothing or linens
- Food

Risky behavior includes:

- Sharing smoking materials
- Sharing water bottles
- Sharing drinking glasses
- Sharing eating utensils
- Sharing cosmetics
- Sharing toothbrushes
- Kissing
- Coughing into another person's face



Students who have high fever, severe headache, stiff neck or a purple skin rash should report to or call University Health Services immediately at 609-258-3141. All others should seek immediate medical attention at the emergency room.